

Report on Awareness Session on HIV/AIDS, Hepatitis, Iron Deficiency & Women's Health and Hygiene (28/11/2025)

An awareness session on HIV/AIDS, Hepatitis, Iron Deficiency, and Women's Health & Hygiene was organised by the Women Cell/ICC/Prevention of Sexual Harassment Committee in collaboration with the Civil Hospital ICTC–STI, Rohru. The session was chaired by the Principal of the college, Dr. Poonam Mehta, who also graced the event as the Chief Guest.

The Resource Person for the session was Dr. Kritik Mehta, accompanied by his team members, along with Dr. Monika Raina, Chairperson/Convener of the Women Cell/ICC/Prevention of Sexual Harassment Committee.

The programme commenced with the formal welcome of the Chief Guest and the Resource Person by Dr. Monika Raina (Convener, Women Cell and HOD English), AP Diksha Kumari (Department of Public Administration), and Dr. Sanjeev Kumar (Department of Political Science). A welcome address was then delivered by AP Shefali Thanta, Department of Botany.

The session began with the inspiring words of the Chief Guest, Dr. Poonam Mehta, who highlighted the significance of the topics, creating an engaging environment for the participants.

Thereafter, Dr. Kritik Mehta, MO Incharge ICTC–STC Rohru, took charge of the session and delivered a comprehensive and meticulous lecture on all four themes. His discussion on women's health and hygiene, especially regarding iron deficiency and anaemia among women, proved to be extremely insightful and eye-opening for the female students.

He addressed numerous queries raised by students and faculty members, offering rational and informative responses related to health, wellness, and preventive care.

A voluntary testing camp for HIV and Hepatitis was also organised under the guidance of Counsellor Ms. Aakshil Tegta and Senior Lab Technician Mr. Amit Sharma. Many students and faculty members voluntarily participated in the testing.

The stage was efficiently conducted by AP Shefali Thanta. Refreshments were served to all participants by the Refreshment Committee under the guidance of Dr. Shallu Dogra (Department of Chemistry), assisted by volunteers from BA 1st Year, Department of English.

The event witnessed active participation, with a large number of students benefiting from the session. It was also graced by Advisory Members Dr. Yogita Bandta, AP Vijay Luxmi (Department of English and Hostel Warden), Dr. Punam Chauhan (Department of Zoology), AP Diksha Chauhan (Department of Commerce), and Ms. Ranjana (BCA Department). Esteemed non-teaching staff members Ms. Roshini Chauhan, Ms. Sharda, Ms. Guddi Devi, Ms. Kiran, and Ms. Asha Devi were also present.

The programme concluded with a felicitation ceremony, followed by a heartfelt vote of thanks delivered by Dr. Monika Raina. The event ended with the National Anthem.



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